MENOPAUSAL HORMONE THERAPY (MHT) FACTS

Menopause Age Range: 40–55 (51.3 average)

Approximately 11 million women reach natural menopause each year. 85% of these women experience some symptom related to menopause each year.

PHASES

Perimenopause
Estrogen production fluctuates; periods less predictable; menopausal symptoms may arise

Menopause
Determined by your doctor after periods have ceased for 12 months; estrogen levels continue to fall; continued symptoms

Postmenopause
Menopausal symptoms persist

SYMPTOMS

Vasomotor
- Symptoms related to blood pressure and body temperature regulation
- Hot flashes
- Night sweats

Consult with Physician

Prescription, Over-The-Counter, Alternative Treatments

Insufficient Relief

MHT (Menopausal Hormone Therapy)

With Uterus
Estrogen/Progestin

Without Uterus
Estrogen

Insufficient Relief

Covaryx™/Covaryx™ HS
Estrogen/Androgen Therapy
Available by prescription for relief from vasomotor symptoms of menopause when estrogen-only therapies do not provide sufficient relief

RELIANCE